

## Measurements and Sizing

### AFO and ADM Sandals

The length of the foot should be measured at the longest point (e.g. heel to tip of big toe). Do not add growing room as this is allowed for in the table below.

Foot Length (mm)	Sandal Size
60 to 62	Preemie 1
63 to 66	Preemie 2
67 to 70	0000
71 to 75	000
76 to 80	00
81 to 87	0
88 to 92	1
93 to 102	2
103 to 112	3
113 to 122	4
123 to 132	5
133 to 142	6
143 to 152	7
153 to 162	8
163 to 172	9
173 to 182	10
183 to 192	11
193 to 202	12

**Note:**

*The sandals on Preemie 1, 2 are permanently attached to an adjustable bar.  
ADM Sandals are available from size 0 onwards.*

### Ponseti™ Bars

Size	Min. Width (cm)	Max. Width (cm)
Extra Short	17.3	25.0
Short	20.0	30.0
Long	23.5	37.8

### Mitchell Spring Assisted Dobbs Bar

Size	Min. Width (cm)	Max. Width (cm)
Small	15.25	22.86
Regular	22.86	35.56